

### Soups & Sauces

Augason Farms Soups and Sauces are MSG-free. Great to use everyday or just to have on hand.

### Creamy Potato Soup Mix

Augason Farms Creamy Potato Soup Mix is made from quality ingredients and full flavored broth. It can be easily personalized and will definitely become a family favorite.

### Creamy Potato Quiche

- 1 cup Augason Farms Creamy Potato Soup Mix-dry 1 2/3 cup water
- 3 tablespoons Augason Farms Whole Egg Powder 2 tablespoons Augason Farms Vegetarian Meat Substitute Bacon Bits
- Bacon Bits 1/4 cup Augason Farms Freeze Dried Broccoli
- 1/4 cup Augason Farms Dehydrated Mushrooms
- 1 tablespoon Augason Farms Freeze Dried Red & Green Bell Pepper Mix
- 1 to 2 cups grated or cubed Swiss cheese
- 1 unbaked pie crust

Whisk together Creamy Potato Soup Mix, egg powder and water. Add the remaining ingredients to egg mixture and let stand for 15 minutes. Pour into unbaked pie crust and bake for 35 to 45 minutes at 350°F.

Servings	Soup Mix	Water	
2	2/3 cup	2 1/4 cups	
4	1 1/3 cups	4 1/2 cups	
6	2 cups	6 1/2 cups	

### **DIRECTIONS:**

- 1. Whisk soup mix into boiling water.
- 2. Simmer on low heat for 20 to 25 minutes.
- 3. Stir frequently. (For a thicker soup, lower water by 1/4 cup.)

# **Creamy Potato** Soup Mix

### Crockpot Chive Potato Shreds

4 cups Augason Farms Potato Shreds
4 cups prepared Augason Farms Creamy Potato Soup
2 cups Colby Jack Cheese
1 cup sour cream
1/4 teaspoon pepper
1/4 teaspoon salt
1 - 8 oz. pkg. chive and onion cream cheese

Bring 2 quarts of water to a boil, add potato shreds, simmer 15 minutes, drain. Combine potato shreds, soup, Colby Jack Cheese, sour cream, salt and pepper. Place in a greased 3 quart crock-pot. Cook on low for 3 1/2 hours. Stir in chive and onion cream cheese before serving.

### **Creamy Potato Variations**

- Add 1 cup Augason Farms Freeze Dried Sweet Corn for a delicious corn chowder.
- Add 1 cup Augason Farms Vegetable Stew Blend for creamy vegetable stew.
- Cube cheddar cheese and place in the bottom of soup bowl before serving.
- Add 2 cans minced clams with juice for a delicious clam chowder.

### **Nutrition Facts**

Serving Size: 1/3 cup (49g) Servings Per Container: 33

Amount Per Serving						
Calories 2	200 Calories from Fat 70					
% Daily Value*						
Total Fat 7g				11%		
Saturated Fat 4g				<b>19</b> %		
Trans Fat 0g						
Cholester	0%					
Sodium 1010mg				<b>42</b> %		
Total Carbohydrate 32g 11%						
Dietary Fiber 1g				5%		
Sugars 3g						
Protein 3g						
Vitamin A	2%	٠	Vitamir	n C 10%		
Calcium	2%	•	Iron	4%		
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.						
	Calor		2,000	2,500		
Total Fat	Less t	han	65g	80g		
Sat Fat	Less t	han	20g	25g		
Cholesterol	Less t	han	300mg	300mg		
Sodium	Less t	han	2400mg	2400mg		
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			
Calories per gram: Fat 9			Carbs 4	Protein 4		

**INGREDIENTS:** Creamer (maltodextrin, palm oil), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), potato dices, chicken bouillon (chicken soup base [corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide], salt, sugar, yeast extract, sweet whey, turmeric, garlic powder, caramel color, dehydrated onion), onion chopped, onion powder, parsley flakes.

Contains allergens: Wheat, dairy, and soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut, and almond products.

No MSG.

Contains oxygen absorber. Discard immediately upon opening. Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Sealed: to 10 years / Opened: to 1 year

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

## 33 SERVINGS NET WT. 3 LBS 10.0 OZ (1.64 kg)