

## Chili Macaroni with Freeze Beef

## DIRECTIONS for 2 Servings:

1/2 cup pasta, 1/3 cup sauce mix, 2 cups water.

Add ingredients to boiling water; stir well. Reduce heat. Cook on a low boil 18-20 minutes, stirring frequently. Refrigerate after opening.

**INGREDIENTS:** Macaroni (semolina, niacin, ferrous sulfate [iron], thiamine mononitrate, riboflavin, folic acid), freeze dried beef chunks (salt added), precooked red beans, modified food starch, beef base (salt, hydrolyzed soy protein [including partially hydrogenated soybean oil], sugar, torula yeast, corn starch, caramel color, maltodextrin, onion powder, yeast extract and natural flavor, citric acid, silicon dioxide), dehydrated tomato paste, salt, white granulated sugar, chopped onion, red and green bell peppers, chili pepper powder, garlic powder, cumin, caramel color.

## Contains allergens: Wheat and soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut, and almond products.

Serving Size: 1/4 cup pasta + 8 isp sauce mix (50g) Servings Per Container: 24				
Amount Per Serving				
Calories 190 Calories from Fat 15				
			%	Daily Value*
Total Fat 2g				3%
Saturated Fat 0.5g				3%
Transfat 0g				
Cholesterol 10mg				4%
Sodium 1380mg				58%
Total Carbohydrate 34g119				11%
Dietary Fiber 3g				10%
Sugars 4g				
Protein 10g				
Vitamin A	4%	•	Vitamin (	20%
Calcium	2%	•	Iron	35%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Calori	es	2,000	2,500
Total Fat	Less th	nan	65g	80g
Sat Fat	Less th	nan	20g	25g
Cholesterol	Less th	nan	300mg	300mg
Sodium	Less th	nan	2400mg	2400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Calories per gram: Fat 9			Carbs 4	Protein 4

**Nutrition Facts** 

Serving Size: 1/4 cup pasta + 8 tsp sauce mix (56g)

Contains oxygen absorber. Discard immediately upon opening.

Shelf Life: Best when stored in a cool dry place at temperatures between 50° and 60° F (ideal humidity 15%). Sealed: to 25 years / Opened: to 1 month refrigerated

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

## 24 SERVINGS NET WT. 3 LBS (1.36 kg)