

# **Potato Shreds**

# Vegetables

Dehydrated vegetables are dried by a low heat process that removes moisture. The size of the vegetables will shrink, which means there will be more servings in each container.

### Potato Shreds

Augason Farms Potato Shreds are an easy way to make mouth-watering hash browns. Handy for both camping and many side dishes.

## Grill House Potato Skillet

- 4 cups Augason Farms Potato Shreds
- 1/4 cup Augason Farms Vegetarian Meat Substitute Bacon Bits
- 1 cup mayonnaise
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 2 cups shredded mozzarella cheese

Bring 2 quarts of water to a boil, add potato shreds and simmer for 15 minutes, drain. Preheat oven to 350°F. Combine all ingredients together. Bake for 25 minutes until bubbly.

# Lone Star Potato Pie

- 5 tablespoons Augason Farms Scrambled Egg Mix + 2/3 cup water
- 2 1/2 cups Augason Farms Potato Shreds
- 2 cups Colby Jack Cheese
- 2/3 cup picante sauce
- 1/8 cup Augason Farms Dehydrated Chopped Onion
- 1/4 teaspoon salt

Bring 2 quarts of water to a boil, add potato shreds and simmer for 15 minutes, drain. Beat egg mixture, stir in potato shreds, cheese, sauce, onions and salt. Pour into 9 inch greased pie pan. Bake at 350°F for 35-40 minutes. Serve with additional picante sauce.

# **DIRECTIONS:**

- 1. Pour 1 cup potato shreds into 3 cups boiling water (1/2 teaspoon salt optional).
- 2. Turn down heat and simmer until tender.
- 3. Drain.

Use in recipes calling for potatoes or fry on well oiled grill at 375°F for 3 to 4 minutes or until golden brown.

Nutr	'itior	า Fa	cts
Serving Siz Servings P			)
Amount Per S	erving		
Calories 1	10 Ca	lories fro	m Fat 0
		%	Daily Value*
Total Fat 0g		0%	
Saturate	d Fat 0g		0%
Trans Fa	t 0g		
Cholesterol 0mg		0%	
Sodium 530mg		22%	
Total Carb	ohydrate 2	24g	8%
Dietary Fiber 2g		8%	
Sugars 1			
Protein 2g			
Vitamin A	0%	Vitamin C	15%
Calcium	2%	Iron	2%
calorie diet.	ily values ar Your daily va ding on your Calories	lues may be	e higher or
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g

25g

Carbs 4

30g

Dietary Fiber

Calories per gram: Fat 9

INGREDIENTS: Potatoes, salt, mono and diglycerides, dextrose. Freshness preserved with sodium bisulfite and BHT.

## Contains allergens: Milk

 $Processed \ in \ a \ plant \ that \ handles \ wheat, egg, dairy, soybean, peanut, cashew, walnut, and \ almond \ products.$ 

Contains oxygen absorber. Discard immediately upon opening.

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Sealed: to 25 years / Opened: to 1 year

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

21 SERVINGS NET WT. 1 LB 7.0 OZ (652 g)