



Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based sources deemed reputable.

FOOD STORAGE EMERGENCY EVERYDAY FOOD

Dehydrated Potato Slices

Nutrition Facts

Serving Size: 1/2 Cup (20g dry) Servings Per Container: 28				
Amount Per	Serving			
Calories 70 Calories from				Fat 0
% Daily Value				
Total Fat Og				0%
Saturated Fat Og				0%
Trans Fat Og				
Cholesterol Omg				0%
Sodium 15mg				1%
Total Carbohydrate 16g 59				
Dietary Fiber 2g 69				
Sugars 1g				
Protein Og				
Vitamin A	0% •	Vitam	in C	10%
Calcium	0% •	Iron		2%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500				
Total Fat	Calories Less than	_,		
Sat Fat	Less than		80g 25g	
Cholesterol	Less than	_	-	
Sodium	Less than	2400mg	2400mg	
Total Carbol	300g	375g		
Dietary Fibe	25g	30g		
Calories per g	Carbs 4	Protein 4		

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DIRECTIONS:

1 lb of dehydrated potato slices equals 4 lbs of fresh potatoes.

Cover potatoes with water and let stand for 15-30 minutes, or simmer until tender. Salt as desired.

Use in scalloped potatoes, fried potatoes, potato salad, soups and stews.

INGREDIENTS: Potato slices preserved with sodium bisulfite.