



40
SERVINGS



SHELF LIFE UP TO
25 YEARS

Certified



Gluten-Free

Shelf Life: Best when stored
in a cool dry place at
temperatures between 55° and
70° F (ideal humidity 15%).

Shelf life estimates are based
on industry studies from
sources deemed reputable.
Since Augason Farms has no
control over individual storage
practices, they must disclaim
any liability or warranty for
particular results.

FOOD STORAGE

EMERGENCY

EVERYDAY FOOD

Tomato Powder

Nutrition Facts

Serving Size: 1/4 Cup (41g dry)
Servings Per Container: 40

Amount Per Serving	
Calories 120	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 28g	9%
Dietary Fiber 3g	12%
Sugars 18g	
Protein 6g	
Vitamin A 15%	Vitamin C 160%
Calcium 4%	Iron 15%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbs 4 Protein 4

DIRECTIONS:

For 3/4 cup tomato sauce:

Blend 1/4 cup tomato powder and 1/2 cup water.

For tomato paste:

Reduce amount of water, blend until desired thickness is reached.

Uses:

Soups, stews, pizza sauce, spaghetti sauce, or juice.

INGREDIENTS: Dehydrated tomato paste.

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