



# FREEZE DRIED FRUIT VARIETY PACK

20200-071315

260  
SERVINGS



SHELF LIFE UP TO  
25 YEARS

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE  
EMERGENCIES  
EVERYDAY FOOD

## SLICED STRAWBERRIES

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (4g dry)  
Servings Per Pouch: 20

Amount Per Serving		Calories 15		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	3g				1%
Dietary Fiber	0g				1%
Sugars	2g				
Protein	0g				

Vitamin A	0%	Vitamin C	30%
Calcium	0%	Iron	2%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Strawberries

## SLICED PEACHES

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (6g dry)  
Servings Per Pouch: 24

Amount Per Serving		Calories 25		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	5g				2%
Dietary Fiber	1g				3%
Sugars	4g				
Protein	0g				

Vitamin A	4%	Vitamin C	80%
Calcium	0%	Iron	0%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Peaches

## WHOLE RASPBERRIES

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (5g dry)  
Servings Per Pouch: 20

Amount Per Serving		Calories 20		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	4g				1%
Dietary Fiber	1g				4%
Sugars	2g				
Protein	0g				

Vitamin A	0%	Vitamin C	10%
Calcium	0%	Iron	2%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Raspberries

## WHOLE BLUEBERRIES

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (7g dry)  
Servings Per Pouch: 22

Amount Per Serving		Calories 30		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	6g				2%
Dietary Fiber	1g				5%
Sugars	6g				
Protein	0g				

Vitamin A	0%	Vitamin C	2%
Calcium	0%	Iron	0%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Blueberries

## SLICED BANANAS

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (8g dry)  
Servings Per Pouch: 20

Amount Per Serving		Calories 30		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	6g				2%
Dietary Fiber	1g				2%
Sugars	2g				
Protein	0g				

Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Bananas

## DICED APPLES

2 POUCHES



### Nutrition Facts

Serving Size: 1/4 Cup (6g dry)  
Servings Per Pouch: 16

Amount Per Serving		Calories 20		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	6g				2%
Dietary Fiber	1g				5%
Sugars	4g				
Protein	0g				

Vitamin A	0%	Vitamin C	2%
Calcium	0%	Iron	0%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Granny Smith Apples

## APPLE DELIGHT DRINK MIX

1 POUCH



### Nutrition Facts

Serving Size: 2 Tbsp (25g dry)  
Servings Per Pouch: 16

Amount Per Serving		Calories 100		Calories from Fat 0	
		% Daily Value*			
Total Fat	0g				0%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Total Carbohydrate	24g				8%
Dietary Fiber	0g				0%
Sugars	24g				
Protein	0g				

Vitamin A	0%	Vitamin C	150%
Calcium	0%	Iron	0%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories		2,000		2,500	
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300mg			
Sodium	Less than	2400mg	2400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

Calories per gram: Fat 9 Carbs 4 Protein 4

**INGREDIENTS:**  
Sugar, apple juice powder (maltodextrin, natural flavors [apple juice solids and natural flavors], caramel color, sodium benzoate), citric acid, sodium citrate BB, xanthan gum, ascorbic acid, artificial apple flavor (maltodextrin, artificial flavors), malic acid, caramel color.