



39
SERVINGS



SHELF LIFE UP TO
20 YEARS

Certified



Gluten-Free

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE

EMERGENCY

EVERYDAY FOOD

Country Fresh®

100% Instant Nonfat Dry Milk

CAN MAKES APPROXIMATELY 2.5 GALLONS.

MIXING DIRECTIONS:

Add powder to water and stir. Best if mixed in water in a mixing pitcher and chilled overnight. This gives a more smooth consistency to the milk.

Amount	Nonfat Dry Milk	Water
1 Cup	5 Tbsp or about 1/3 Cup	1 Cup
1 Quart	1 1/3 Cups	1 Quart
2 Quarts	2 2/3 Cups	2 Quarts
1 Gallon	5 1/3 Cups	1 Gallon

INGREDIENTS: Nonfat dry milk, vitamin A palmitate, vitamin D3.

Contains allergen: Milk.

Nutrition Facts

Serving Size: 5 Tbsp (21g dry)
Servings Per Container: 39

Amount Per Serving			
Calories 70		Calories from Fat 0	
		% Daily Value*	
Total Fat 0g			0%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 115mg			5%
Total Carbohydrate 11g			4%
Dietary Fiber 0g			0%
Sugars 10g			
Protein 7g			
Vitamin A 10%	•	Vitamin C 4%	
Calcium 35%	•	Iron 0%	
Vitamin D 25%	•	Riboflavin 20%	
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbs 4 Protein 4			

90620-042415